

WSD

| Pl. | St Nr | Name | Verein | AK | Pl. (AK) | Schwimmen | | Wechsel | | Laufen | | Gesamt |
|-----|-----------|--------------|--------|-----|----------|-----------|-----|---------|-----|--------|-----|--------|
| 1 | 1402 0 | Maren Lüders | | WSD | 1 | 1:39 | (1) | 1:11 | (2) | 1:05 | (1) | 3:55 |
| 2 | 1403 1 | Lena Rühl | | WSD | 2 | 2:11 | (2) | 1:05 | (1) | 1:13 | (2) | 4:29 |

MSD

| Pl. | St Nr | Name | Verein | AK | Pl. (AK) | Schwimmen | | Wechsel | | Laufen | | Gesamt |
|-----|-----------|----------------------|---|-----|----------|-----------|-----|---------|-----|--------|-----|--------|
| 1 | 1404 6 | Nico Von den Steinen | Ohligser Turnverein (otv) - Schwimmclub Solingen (Sc) | MSD | 1 | 1:46 | (1) | 0:57 | (1) | 1:07 | (1) | 3:50 |
| 2 | 1402 6 | Jure Rohde | TuSpo Huckingen | MSD | 2 | 1:55 | (2) | 2:02 | (2) | 1:11 | (2) | 5:08 |
| 3 | 1400 9 | Justus Gabrysch | | MSD | 3 | 2:44 | (3) | 2:29 | (3) | 1:40 | (4) | 6:53 |
| 4 | 1404 7 | Finn Wehberg | | MSD | 4 | 3:10 | (4) | 3:10 | (4) | 1:12 | (3) | 7:32 |

WSC

| Pl. | St Nr | Name | Verein | AK | Pl. (AK) | Schwimmen | | Wechsel | | Laufen | | Gesamt |
|-----|-----------|------------------|----------------------------|-----|----------|-----------|------|---------|------|--------|------|--------|
| 1 | 1400 3 | Jairah Bermann | Triathlon Mülheim | WSC | 1 | 1:03 | (1) | 0:40 | (1) | 1:00 | (1) | 2:43 |
| 2 | 1406 5 | Lilly Kley | | WSC | 2 | 1:09 | (3) | 0:47 | (5) | 1:10 | (12) | 3:06 |
| 3 | 1404 3 | Ella Uhlenbruch | Team CK | WSC | 3 | 1:23 | (5) | 0:57 | (8) | 1:01 | (2) | 3:21 |
| 4 | 1402 9 | Anna Rühl | | WSC | 4 | 1:28 | (6) | 0:52 | (6) | 1:04 | (3) | 3:24 |
| 5 | 1400 6 | Anna Forsbach | | WSC | 5 | 1:04 | (2) | 1:14 | (11) | 1:07 | (9) | 3:25 |
| 6 | 1401 1 | Thessa Haupt | Die Dübis | WSC | 6 | 1:38 | (9) | 0:43 | (2) | 1:09 | (11) | 3:30 |
| 7 | 1404 2 | Ella Trebeck | Triathlon Team Ratingen 08 | WSC | 7 | 1:45 | (10) | 0:43 | (2) | 1:04 | (3) | 3:32 |
| 8 | 1403 9 | Anna Steinberger | | WSC | 8 | 1:36 | (8) | 0:54 | (7) | 1:07 | (9) | 3:37 |
| 9 | 1402 5 | Jonna Querforth | | WSC | 9 | 1:57 | (11) | 0:45 | (4) | 1:04 | (3) | 3:46 |
| 10 | 1404 0 | Victoria Thissen | | WSC | 10 | 1:33 | (7) | 1:10 | (10) | 1:05 | (6) | 3:48 |
| 11 | 1404 8 | Sarah Wiese | TuS Westfalia Hombruch | WSC | 11 | 1:19 | (4) | 1:52 | (13) | 1:05 | (6) | 4:16 |
| 12 | 1401 4 | Tialda Klein | ASC Weißbachtal e. V. | WSC | 12 | 2:12 | (12) | 1:00 | (9) | 1:06 | (8) | 4:18 |
| 13 | 1403 6 | Johanna Schröder | | WSC | 13 | 2:22 | (13) | 1:42 | (12) | 1:13 | (13) | 5:17 |

MSC

| Pl. | St Nr | Name | Verein | AK | Pl. (AK) | Schwimmen | | Wechsel | | Laufen | | Gesamt |
|-----|-----------|-----------------|-------------------------------|-----|----------|-----------|-----|---------|-----|--------|-----|--------|
| 1 | 1403 5 | Patryk Schnerr | Freie Schwimmer Düsseldorf | MSC | 1 | 0:57 | (1) | 0:31 | (1) | 0:59 | (3) | 2:27 |
| 2 | 1404 1 | Eric Trebeck | Triathlon Team Ratingen 08 | MSC | 2 | 1:14 | (2) | 0:34 | (3) | 0:58 | (2) | 2:46 |
| 3 | 1400 8 | Nick Frohnert | Triathlon Team Ratingen 08 | MSC | 3 | 1:19 | (3) | 0:35 | (4) | 0:54 | (1) | 2:48 |
| 4 | 1402 3 | Jannik Milnikel | Triathlon Team Ratingen 08 | MSC | 4 | 1:34 | (4) | 0:47 | (5) | 1:01 | (5) | 3:22 |
| 5 | 1402 1 | Oskar Mahle | ASC Weissbachtal | MSC | 5 | 1:53 | (5) | 0:31 | (1) | 0:59 | (3) | 3:23 |
| 6 | 1403 0 | Julius Rühl | | MSC | 6 | 1:58 | (6) | 0:54 | (6) | 1:07 | (6) | 3:59 |

WSB

| Pl. | St Nr | Name | Verein | AK | Pl. (AK) | Schwimmen | | Wechsel | | Laufen | | Gesamt |
|-----|-----------|--------------------------------|-------------------------|-----|----------|-----------|------|---------|------|--------|------|--------|
| 1 | 1402 4 | Jette Niederste- Hollenberg | | WSB | 1 | 0:57 | (1) | 0:32 | (1) | 1:01 | (6) | 2:30 |
| 2 | 1400 2 | Mira Bell | Triathlon Mülheim | WSB | 2 | 0:59 | (2) | 0:39 | (3) | 0:55 | (1) | 2:33 |
| 3 | 1400 4 | Thalea Bermann | Triathlon Mülheim | WSB | 3 | 0:59 | (2) | 0:40 | (4) | 0:55 | (1) | 2:34 |
| 4 | 1404 4 | Lea Vogel | TuS 08 Ratingen-Lintorf | WSB | 4 | 0:59 | (2) | 0:41 | (5) | 1:00 | (5) | 2:40 |
| 5 | 1401 0 | Saphira Giesbertz | SC Bayer 05 Uerdingen | WSB | 5 | 1:12 | (6) | 0:35 | (2) | 0:57 | (3) | 2:44 |
| 6 | 1400 5 | Sarah Elbe | | WSB | 6 | 1:02 | (5) | 0:46 | (7) | 1:01 | (6) | 2:49 |
| 7 | 1401 7 | Annika Laschet | TuS Breitscheid | WSB | 7 | 1:12 | (6) | 0:41 | (5) | 1:01 | (6) | 2:54 |
| 8 | 1402 8 | Carla Rottlaender | TV Ratingen | WSB | 8 | 1:29 | (9) | 1:01 | (9) | 0:59 | (4) | 3:29 |
| 9 | 1401 9 | Jana Levering | | WSB | 9 | 1:28 | (8) | 0:55 | (8) | 1:07 | (10) | 3:30 |
| 10 | 1401 2 | Jule Hess | | WSB | 10 | 1:37 | (10) | 1:05 | (10) | 1:05 | (9) | 3:47 |

MSB

| Pl. | St Nr | Name | Verein | AK | Pl. (AK) | Schwimmen | | Wechsel | | Laufen | | Gesamt |
|-----|-----------|------------------|-----------------------|-----|----------|-----------|-----|---------|-----|--------|-----|--------|
| 1 | 1402 2 | Maximilian Manno | TV Schiefbahn | MSB | 1 | 0:53 | (1) | 0:29 | (1) | 0:56 | (3) | 2:18 |
| 2 | 1404 9 | Luca Zikoll | SC Bayer 05 Uerdingen | MSB | 2 | 0:58 | (4) | 0:32 | (2) | 0:52 | (1) | 2:22 |
| 3 | 1400 7 | Timon Forsbach | | MSB | 3 | 0:55 | (2) | 0:35 | (3) | 0:55 | (2) | 2:25 |
| 4 | 1401 3 | Max Juretzki | TV Ratingen | MSB | 4 | 0:56 | (3) | 0:54 | (4) | 0:58 | (4) | 2:48 |
| 5 | 1401 5 | Joris Klein | ASC Weißbachtal e. V. | MSB | 5 | 1:51 | (6) | 1:25 | (5) | 1:03 | (5) | 4:19 |

MSB

| Pl. | St Nr | Name | Verein | AK | Pl. (AK) | Schwimmen | Wechsel | Laufen | Gesamt |
|-----|-----------|------------|--------|-----|-------------|-----------|----------|----------|--------|
| 5 | 1405 1 | Jonah Rose | | MSB | 5 | 1:24 (5) | 1:47 (6) | 1:08 (6) | 4:19 |

WSA

| Pl. | St Nr | Name | Verein | AK | Pl. (AK) | Schwimmen | Wechsel | Laufen | Gesamt |
|-----|-----------|--------------|--------|-----|-------------|-----------|----------|----------|--------|
| 1 | 1406 2 | Romy Kemnitz | | WSA | 1 | 1:22 (1) | 1:02 (1) | 1:00 (1) | 3:24 |